





# MARCH 2024

				<p>1 Hot Breakfast Fruit/Milk/Juice e ***** Corn dog Tots Celery Carrots Fruit cup</p>
<p>4 Cereal, Toast Fruit/Milk/Juice ***** Mac &amp; Cheese Roll Peas Corn Fruit</p>	<p>5 Cereal, Toast Fruit/Milk/Juice ***** Hot dog Fries Beans Corn Fruit</p>	<p>6 Sausage/Egg/Cheese Cougar Muffin Fruit/Milk/Juice ***** Pizza Salad Veggies Fruit</p>	<p>7 Cereal, Toast Fruit/Milk/Juice e ***** Teriyaki chicken Fried rice Broccoli Peppers Fruit</p>	<p>8 Hot Breakfast Fruit/Milk/Juice e ***** Uncrustable Cheese stick Chips Cucumber Fruit  <b>Early Release 11:45</b></p>
<p>11 <b>NO SCHOOL</b>  <b>PROFESSIONAL DEVELOPMENT DAY</b></p>	<p>12 Cereal, Toast Fruit/Milk/Juice ***** Cheeseburger or Hamburger Fries Beans Fruit</p>	<p>13 Sausage/Egg/Cheese Cougar Muffin Fruit/Milk/Juice ***** Pizza Salad Veggies Fruit</p>	<p>14 <b>Pie Day!</b> Cereal, Toast Fruit/Milk/Juice e ***** Turkey &amp; cheese hoagie Veggies Chips Fruit</p>	<p>15 Hot Breakfast Fruit/Milk/Juice e ***** Chicken nuggets Tots Carrots Broccoli Fruit</p>
<p>18 Cereal, Toast Fruit/Milk/Juice ***** Chicken on a bun Beans Veggies Fruit</p>	<p>19 Cereal, Toast Fruit/Milk/Juice ***** Chicken tenders Mashed potatoes Gravy Peas, Corn Fruit</p>	<p>20 Sausage/Egg/Cheese Cougar Muffin Fruit/Milk/Juice ***** Pizza Salad Veggies Fruit</p>	<p>21 Cereal, Toast Fruit/Milk/Juice e ***** Chicken tacos Rice Peppers Onions Fruit</p>	<p>22 Hot Breakfast Fruit/Milk/Juice e ***** Corn dog Tots Celery Carrots Fruit</p>
<p>25 Cereal, Toast Fruit/Milk/Juice ***** Grilled cheese Chicken soup Celery Carrots Fruit</p>	<p>26 Cereal, Toast Fruit/Milk/Juice ***** Choice of chicken or beef nachos Beans Veggies Fruit</p>	<p>27 Sausage/Egg/Cheese Cougar Muffin Fruit/Milk/Juice ***** Pizza pockets Salad Veggies Fruit</p>	<p>28 Cereal, Toast Fruit/Milk/Juice e ***** Ham &amp; cheese hoagie Veggies Tots Fruit  <b>Early Release 11:45</b></p>	<p>29 Hot Breakfast Fruit/Milk/Juice e ***** Uncrustable Cheese stick Chips Carrots Celery Fruit  <b>Early Release 11:45</b></p>

Program benefits and services are available to all children without regard to race, color, sex, handicap, or national origin.

**\*\*Our menu follows USDA Guidelines\*\***

Breakfast: \$1.85 (Includes Juice & Milk)

Lunch: (Includes milk) Grades K-5: \$3.00    Grades 6-8: \$3.25    Milk/Chocolate Milk 50¢

**Any and all inquiries on menu ideas/items can be emailed to [pseaman@conway.k12.wa.us](mailto:pseaman@conway.k12.wa.us)**

*Menu subject to change without notice due to inventory/delivery issues*